

AUGUST - ONLINE ONLY CLASSES

3 – 28 AUGUST 2020

We are offering online classes via Zoom during August 2020. These are offered free for the first two weeks and thereafter you are able to pay what you feel. All classes must be booked online in order to receive a link to the Zoom session.

Day	Class	Time	Description
Mon	Junior Dance Mix (age 7-11)	9.30 – 10.30am	Have fun learning a new exciting dance style and dance routine each week to fresh and funky music with teacher Cheryl Baty.
Tue	Contemporary (55+ yrs)	9.30 – 10.30am	Alyssa Lisle teaches this class designed for older bodies, fusing gentle technique with movement flow, improving muscle strength, flexibility and balance. Focusing on moving the body the body as a whole, enjoy learning new sequences and building your contemporary skills in a fun and creative atmosphere.
Tue	Contemporary (16+ yrs)	12.00 – 12.45pm	A short, groovy introduction to Contemporary dance with Alyssa Lisle, this class will be lead through a basic warm up and build through a short contemporary dance phrase that will develop dance technique and performance.
Wed	Fun Fit For All (all ages)	10.00 – 11.00am	A class for all ages who simply enjoying moving and keeping fit through dance. Follow our teacher Helen Kumar stretching, jumping, twisting and laughing. You can recommend your favourite songs which we will use in the class!
Thu	Mini Movers (under 6 yrs)	10.00 – 11.00am	Wriggling and giggling, moving and grooving! A fun creative class for parents/carers and little ones. Led by Helen Kumar and her daughter Maya.
Thu	Lunchtime Latin (16+ yrs)	12.00 – 12.45pm	This will be a short, energetic class full of Latin flavour brought by Alyssa Lisle. The classes will focus on one Latin dance per week, building basic steps into a short dance that you can practice at home.
Fri	Teen Dance Mix (12-15 yrs)	11.00am – 12.00pm	Have fun learning a new exciting dance style and dance routine each week to fresh and funky music led by Kiran Kumar.

ONLINE CLASSES PRICE

Trial classes are FREE (3 – 14 August)

Thereafter you can pay what you feel (17-28 August) the options are £0, £3, £6 or £10 and you simply choose the ticket price you would like to pay when you check out of online booking.

REOPENING PLANS

Dance City will be reopening to the public for classes in September! We have been working hard to create a Covid-safe environment for our customers and will be operating socially distanced dance and movement classes in a range of styles which you can enjoy in person in the building or via Zoom. We will be announcing the new timetable very soon.