

Class Timetable

Spring Term 2016

Mon 4 Jan – Thu 24 Mar

	Class	Time	Age	Level
MONDAY	Dancing Babies	10 - 11am	0-3	Admits parent/carer
	Tap 55+	11.15am - 12.15pm	55+	Intermediate
	Ashtanga Yoga	12.30 - 1.30pm	16+	All
	Ballet	1 - 2pm	55+	Beginners
	In Motion	1.30 - 2.30pm	16+	Admits parent/carer
	Ballet	2 - 3pm	55+	Improvers
	Teen Ballet	5 - 6pm	11 - 16	All
	Hip Pop	5 - 6pm	11 - 16	All
	Contemporary	6 - 7pm	16+	Beginners
	Pilates	6 - 7pm	16+	All
	Street	6.30 - 7.30pm	16+	Beginners
	Cuban Salsa	7 - 8pm	16+	All
	Pilates	7 - 8pm	16+	All
	Ballet	8 - 9pm	16+	Beginners
TUESDAY	Cuban Salsa	11am - 12pm	55+	Beginners
	Flamenco	5.30 - 6.30pm	16+	Beginners
	Afro Mix	5.30 - 6.30pm	16+	All
	Musical Theatre	6.30 - 7.30pm	16+	All
	Ballroom	6.30 - 7.30pm	16+	Beginners
	Jazz	7.30 - 8.30pm	16+	All
	Flamenco	7.30 - 8.30pm	16+	Intermediate
	WEDNESDAY	Pilates	11am - 12pm	55+
Pilates		12 - 12.45pm	16+	Beginners
Pilates		1 - 1.45pm	16+	Intermediate
Egyptian Belly Dance		6 - 7pm	16+	Beginners
Tap		6 - 7pm	16+	Beginners
Argentine Tango		7 - 8pm	16+	Beginners
Egyptian Belly Dance		7 - 8pm	16+	Intermediate
Street		7 - 8pm	16+	Beginners/ Intermediate
Tap		7 - 8pm	16+	Intermediate
Egyptian Belly Dance		8 - 9pm	16+	Advanced
Argentine Tango		8 - 9pm	16+	Intermediate
THURSDAY	Yoga Moves & Baby Play	1.30 - 2.30pm	See website	All
	Ballet	5 - 6pm	16+	Beginners
	Dance Workout	5.30 - 6.30pm	16+	All
	Ballet	6 - 7pm	16+	Intermediate
	House	6.30 - 7.30pm	16+	Beginners
	Contemporary Performance Group	6.45 - 8.15pm	16+	All
	Ballet	7.15 - 8.45pm	16+	Advanced
Capoeira	7.30 - 8.30pm	16+	All	

	Class	Time	Age	Level
FRIDAY	Dancing Babies	10 - 11am	0-3	Admits parent/carer
	Hatha Yoga	11.30am - 12.30pm	16+	All
	Tap	12.30 - 1.30pm	55+	Beginners
	Contemporary 10-14	5 - 6pm	10-14	All
	Boyz Moves	5 - 6pm	7-14	All
	Contemporary 14-18	6 - 7pm	14-18	All
	Bollywood	6 - 7pm	16+	All
SATURDAY	Ballet Primary	9.30 - 10.30am	4-6	All
	Hip Hop	9.30 - 10.30am	6-9	All
	Dizzy Families	10 - 11am	0-4	Admits parent/carer
	Tiny Tappers	10 - 11am	4-6	All
	Hip Hop	10.30 - 11.30am	10-12	All
	Ballet Junior	10.30 - 11.30am	7-10	All
	Contemporary Club	11am - 12pm	7-10	All
	Breakin Bairns	11am - 12pm	6-9	All
	Breakin Bairns	12 - 1pm	10-14	All
	Saturday Dance Club Music Theatre	11.30am - 1pm	7-10	All
	Dance City Youth Company	11.30am - 1pm	12-18	By Audition
	Pop Steps	12 - 1pm	4-6	All
	Yoga for Pregnancy	12.30 - 2pm	See website	All
	Girlz Only	1 - 2pm	10-14	All
Girlz Only	2 - 3pm	14-18	All	

Prices and Booking Offers

Make great savings on classes and guarantee your place

Adult Classes

Single 1 hr class £6.50 (£5.50)

Single 1 hr 90 min class £8 (£7)

£51 for 12 classes

(save £2.25 per class)

£38 for 8 classes

(save £1.75 per class)

£20 for 4 classes

(save £1.50 per class)

(based on an hour long adult class)

Children's Classes

Single 1 hr class £5.50

Single 1 hr 90 min class £7

£48 for 12 classes

(save £1.50 per class)

£36 for 8 classes

(save £1 per class)

£19 for 4 classes

(save 75p per class)

(based on an hour long children's class)

Book now 0191 261 0505 dancecity.co.uk