

From: Dance City Dance.City@arts-mail.co.uk
Subject: Alleyne Dance Auditions and free BioGuidance
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To: erinhughesdance@gmail.com

DC

15 July 2021

Pro Events

Opportunities

Pro Space

Community

Hello Erin,

We have this week welcomed Society of Strays and Payal Ramchandani in residency at Dance City.

Dance City were delighted to be able to support with offering the Theatre for the filming of Payal's performance that GemArts is presenting as part of the Masala Festival as a free online event on 24 July. 'Of love and lament' is based on a beautiful 11th Century Sanskrit love lyric written by poet 'Bilhana'. [More info here.](#)



Creative Summer 2021 Artists/Companies

Dance City is delighted to announce the dance artists and companies that will be provided with creative space during its annual Creative Summer programme. Artists taking part in the programme will have access to studios and facilities in the Dance City building for five days, and supported with engaging audiences, producers and programmers during their time at Dance City.

Pelican Theatre

Patricia Verity Suarez
Penny Chivas
Susan Moir
Charlie Dearnley
Jane Park
Jennifer Essex
Jesse Salaman
Andy Gardiner
Lila Naruse
Eve Taylor and Annie Lewis
Surface Area Dance Theatre
ELM
Benedicta Valentina Mamuini

LEARN MORE



Upcoming Pro Classes

Pro Class continues in a hybrid format, with both Zoom and in-person socially distanced classes available.

During August all pro classes will be delivered by Creative Summer residency companies and artists and the schedule will be different. Please refer to the [Pro Class Calendar](#) for the most up to date details.

The decision has been made that to ensure professional artists continue to be safe whilst engaging in Pro Class at Dance City, masks are to be worn during class and social distancing is to continue throughout July and August.

Ballet with Angela Reay

19 July

21 July

Guest Pro Class with Payal Ramchandani

20 July

Guest Pro Class with Jennifer Essex (Pictured)

22 July

Guest Pro Class with Society of Strays

9 August

Guest Pro Class with Penny Chivas

12 August

Guest Pro Class with Charlie Dearnley

24 August

Guest Pro Class with Patricia Suarez

25 August

We are having issues with our website unfortunately so to avoid disappointment please call or email to book rather than use the website.

To book Pro Class please call 0191 261 0505 or email info@dancecity.co.uk detailing whether you would like to book an in-person class or online class.

BioGuidance® course for dance artists

BioGuidance® is a full body and mind rebalancing workout originally developed by Alice Oriane Cordier. It aims to dissolve physical and emotional blockages, and allows you to work on balance and a range of motion. This course is aimed those who are pregnant or who have given birth within the last 12 months.

In this 6 part online course (fortnightly) you will learn how to use your body's physical and emotional barometer. Alice Oriane starts guiding you towards the recognition of your



tensions and how you build them up. She will then help you to understand how to dissolve the most ancient tensions and how to prevent them coming back.

This method originates through the combination of academic knowledge linked to massage therapy and cranio-sacral osteopathy, and of experimental knowledge through her work with kung-fu masters in China, lyrical singers and dancers.

Six sessions fortnightly from 3 August 2021.

Time: 9.30am-10.30am each session

Course location: Zoom/Online

1 x Pre-Course session with Alice on a 1-2-1 basis to gather information about you, and for you to ask question of Alice.

This will be by mutual agreed by yourself and Alice. (likely w/c 26th July)

Who is it for: Anyone who is pregnant, or anyone who has had a baby in the past 12-months.

Cost: Free for all those in the creative industries. Any donations welcome

LEARN MORE



Artist Breakfast

Artist Breakfast with Dance City (IN PERSON)

Thursday 19 August. 8.30-10am. This will take place in the Dance City Café with refreshments.

Artist Breakfast with Dance City (ONLINE)

Thursday 5 August
8.30am-10am. This will take place on Zoom.

Booking is essential.

**Book your place for In Person Artist
Breakfast [CLICK HERE](#)**

**Book your place for Online Artist
Breakfast [CLICK HERE](#)**



Booking is now open for our Autumn/Winter 2021 theatre programme!

From a tactile, sensory exploration of the Japanese word 'Ma' to an intimate, messy evening play with Dan Daw, and a spectacular dance-circus adventure with Motionhouse. Our first fu season of events post-COVID will offer a fantastic selection of live dance performances.

Take a look at what's on offer below and take advantage of our multi-buy discount - 20% off when you buy tickets for two or more performances in one transaction.

WHAT'S ON

Opportunities

Make sure to join our **DC Professional Artists Facebook group** for all the latest news and opportunities.

Opportunities

Professional dancers who identify as trans, non binary or gender non conforming (UK based) for Cassil's 'HUMAN MEASURE'

[Find out more](#)

You can take me home, Toni Lorraine Smith

You can take me home, Toni, Lorraine Smith

Deadline 15 August

Dance Theatre Performer

You can take me home, Toni, Lorraine Smith

Deadline 16 July

[**Find out more**](#)

Assistant Producer, Dance Umbrella

Fixed-term freelance basis, to work on the 2021 festival

Deadline 26 July

[**Find out more**](#)

Meta4 Dance is looking for Board Members

As a board member, you will have the opportunity to help guide and shape the future of Meta4 Dance Company.

email hello.meta4@gmail.com

[**Find out more**](#)

Call Outs and Auditions

Alleyne Dance Auditions

Alleyne Dance is seeking strong, passionate, expressive dancers to cast in the Research & Development period and for our new production, Far From Home

Send your CV, motivation letter (no more than one page), headshot & 2min video showing your versatility and performance qualities to:
admin@alleynedance.com

EUROPE AUDITIONS

August 14th at ImPulsTanz, Vienna, Austria

Deadline for applications: August 1st

UK AUDITIONS

September 11-12th at DanceEast, Ipswich, UK

Deadline for applications: August 29th

The Collective Auditions

Dance City is holding auditions / taster workshops for its MA Advanced Dance Performance and touring company The Collective.

Newcastle 20 July 2021

London 14 August

[**Find out more**](#)

Become an Aerowaves Twenty22 Artist

You can now apply for the opportunity to have your work presented in the Spring Forward Festival.

Deadline: 22 September 2021



Signed, Sealed, Delivered, I'm Yours Surface Area Dance

Friday 16 July, 6pm **SOLD OUT**

Surface Area Dance has been in residency at Dance City in



creation for the performance of Signed, Sealed, Delivered, I'm Yours. The performance is sold out to a socially distanced audience.

Inspired by the magical era of classic Motown music, Deaf choreography Christopher Fonseca will create funky choreographic rhythms and intricate hand and footwork, a hallmark of his choreographic style, as well as integrating Brit Sign Language. The week-long project culminates in a live performance on stage at Dance City on Friday 16 July, to a socially distanced live audience.



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