

CLASS TIMETABLE

Monday

Class	Time	Age	Level
Tap	11.30am - 12.30pm	55+	Intermediate
Ballet	1 - 2pm	55+	Beginners
In Motion	1.30 - 2.30pm	16+	Admits parent/carer
Ballet	2 - 3pm	55+	Improvers
Teen Ballet	5 - 6pm	11-16	All
Teen Street Dance	5 - 6pm	11-16	All
Ashtanga Yoga	6 - 7pm	16+	All
Pilates	6 - 7pm	16+	All
Street	6.30 - 7.30pm	16+	Beginners
Salsa	7 - 8pm	16+	All
Pilates	7 - 8pm	16+	All
Contemporary	7.30 - 8.30pm	16+	Beginners
Ballet	8 - 9pm	16+	Beginners
Salsa	8 - 9pm	16+	Improvers

Tuesday

Salsa	11am - 12pm	55+	Beginners
Flamenco	5.30 - 6.30pm	16+	Beginners
Afro Mix	5.30 - 6.30pm	16+	All
Fitsteps	5.30 - 6.30pm	16+	Beginners
Flamenco	6.30 - 7.30pm	16+	Intermediate
Musical Theatre	6.30 - 7.30pm	16+	All
Ballroom	6.30 - 7.30pm	16+	Beginners
Ballroom	7.30 - 8.30pm	16+	Beginners
Flamenco	7.30 - 8.30pm	16+	Advanced
Jazz	7.30 - 8.30pm	16+	All

Wednesday

Pilates	11am - 12pm	55+	Beginners
Pilates	12 - 12.45pm	16+	Beginners
Pilates	1 - 1.45pm	16+	Intermediate
Hip Hop	5 - 6pm	11-16	All
Ashtanga Yoga	6 - 7pm	16+	Advanced
Egyptian Belly Dance	6 - 7pm	16+	Beginners
Tap	6 - 7pm	16+	Beginners
Argentine Tango	7 - 8pm	16+	Beginners
Egyptian Belly Dance	7 - 8pm	16+	Intermediate
Street	7 - 8pm	16+	Beginners/Intermediate
Tap	7 - 8pm	16+	Intermediate
Egyptian Belly Dance	8 - 9pm	16+	Advanced
Argentine Tango	8 - 9pm	16+	Intermediate

Thursday

Class	Time	Age	Level
Ballet	12 - 1pm	55+	Absolute Beginners
Ballet	5 - 6pm	16+	Beginners
Musical Theatre	5 - 6pm	11-16	All
Dance Workout	6 - 7pm	16+	All
Ballet	6 - 7pm	16+	Intermediate
Contemporary Performance Group	6.45 - 8.15pm	16+	All
Ballet	7.15 - 8.45pm	16+	Advanced
Capoeira	7.30 - 8.30pm	16+	All

Friday

Dancing Babies	10 - 11am	0-3	Admits parent/carer
Get Moving	11.15am - 12.15pm	16+	Admits carer
Tap	12.30 - 1.30pm	55+	Beginners
Fitsteps 55+	1.45 - 2.45pm	55+	Beginners
Ballet Primary	4.30 - 5.30pm	4-6	All
Ballet Junior	5.30 - 6.30pm	7-11	All
Contemporary 10-14	5 - 6pm	10-14	All
Boyz Moves	5 - 6pm	7-14	All
Contemporary 14-18	6 - 7pm	14-18	All
Bollywood	6 - 7pm	16+	All
Urban Vibes	6 - 7pm	16+	All

Saturday

Ballet Primary	9.30 - 10.30am	4-6	All
Hip Hop	9.30 - 10.30am	6-9	All
Dizzy Families	10 - 11am	0-4	Admits parent/carer
Tiny Tappers	10 - 11am	4-8	All
Hip Hop	10.30 - 11.30am	10-12	All
Ballet Junior	10.30 - 11.30am	7-11	All
Contemporary Club	11am - 12pm	7-11	All
Breakin' Bairns	11am - 12pm	6-9	All
Dance City Youth Company	11.30am - 1pm	12-18	All by audition
Saturday Dance Club	11.30am - 1pm	7-11	All
Breakin' Bairns	12 - 1pm	10-14	All
Pop Steps	12 - 1pm	4-6	All
Girlz Only	1 - 2pm	10-14	All
Girlz Only	2 - 3pm	14-18	All

Sunday

Contemporary 55+	10.30 - 11.30am	55+	All
Ballet	11.30am - 12.30pm	16+	All
Ballet	12.30 - 1.30pm	55+	Beginners
Vinyasa Flow Yoga	1.30 - 2.30pm	16+	All
Ballroom Social	2.30 - 4pm	16+	All