

# Class Timetable

## Summer Term 2016

Mon 11 Apr – Sat 23 Jul

Celebrating Thirty Years

# DANCECITY



Dance for the North East

	Class	Time	Age	Level
<b>MONDAY</b>	Tap	11.15am - 12.15pm	55+	Intermediate
	Ballet	1 - 2pm	55+	Beginners
	In Motion	1.30 - 2.30pm	16+	All
	Ballet	2 - 3pm	55+	Improvers
	Teen Ballet	5 - 6pm	11 - 16	All
	Hip Pop	5 - 6pm	11 - 16	All
	Ashtanga Yoga	6 - 7pm	16+	All
	Contemporary	6 - 7pm	16+	Beginners
	Pilates	6 - 7pm	16+	All
	Street	6.30 - 7.30pm	16+	Beginners
	Cuban Salsa	7 - 8pm	16+	All
	Pilates	7 - 8pm	16+	All
	Ballet	8 - 9pm	16+	Beginners
	<b>TUESDAY</b>	Cuban Salsa	11am - 12pm	55+
Flamenco		5.30 - 6.30pm	16+	Beginners
Afro Mix		5.30 - 6.30pm	16+	All
Musical Theatre		6.30 - 7.30pm	16+	All
Ballroom		6.30 - 7.30pm	16+	Beginners
Jazz		7.30 - 8.30pm	16+	All
Flamenco		7.30 - 8.30pm	16+	Intermediate
<b>WEDNESDAY</b>	Pilates	11am - 12pm	55+	Beginners
	Pilates	12 - 12.45pm	16+	Beginners
	Pilates	1 - 1.45pm	16+	Intermediate
	Egyptian Belly Dance	6 - 7pm	16+	Beginners
	Tap	6 - 7pm	16+	Beginners
	Argentine Tango	7 - 8pm	16+	Beginners
	Egyptian Belly Dance	7 - 8pm	16+	Intermediate
	Street	7 - 8pm	16+	Beginners/Int
	Tap	7 - 8pm	16+	Intermediate
	Egyptian Belly Dance	8 - 9pm	16+	Advanced
Argentine Tango	8 - 9pm	16+	Intermediate	
<b>THURSDAY</b>	Ballet	11am - 12pm	55+	Absolute Beginner
	Yoga Moves & Baby Play Course	1.30 - 2.30pm 21 Apr - 12 May	See website	All
	Ballet	5 - 6pm	16+	Beginners
	Dance Workout	5.30 - 6.30pm	16+	All
	Ballet	6 - 7pm	16+	Intermediate
	Contemporary Performance Group	6.45 - 8.15pm	16+	All
	Ballet	7.15 - 8.45pm	16+	Advanced
	Capoeira	7.30 - 8.30pm	16+	All

	<b>Class</b>	<b>Time</b>	<b>Age</b>	<b>Level</b>
<b>FRIDAY</b>	Dancing Babies	10 - 11am	0-3	Admits parent/carer
	Hatha Yoga	11.30am - 12.30pm	16+	All
	Tap	12.30 - 1.30pm	55+	Beginners
	Contemporary 10-14	5 - 6pm	10-14	All
	Boyz Moves	5 - 6pm	7-14	All
	Contemporary 14-18	6 - 7pm	14-18	All
	Urban Vibes	6 - 7pm	16+	All
	Bollywood	6 - 7pm	16+	All
	<b>SATURDAY</b>	Ballet Primary	9.30 - 10.30am	4-6
Hip Hop		9.30 - 10.30am	6-9	All
Dizzy Families		10 - 11am	0-4	Admits parent/carer
Tiny Tappers		10 - 11am	4-6	All
Hip Hop		10.30 - 11.30am	10-12	All
Ballet Junior		10.30 - 11.30am	7-10	All
Tap Junior		11 - 12pm	7-10	All
Contemporary Club		11 - 12pm	7-10	All
Breakin Bairns		11 - 12pm	6-9	All
Saturday Dance Club Music Theatre		11.30 - 1pm	7-10	All
Dance City Youth Company		11.30 - 1pm	12-18	By Audition
Breakin Bairns		12 - 1pm	10-14	All
Pop Steps		12 - 1pm	4-6	All
Yoga for Pregnancy Course		12.30 - 2pm 23 Apr - 14 May	See website	All
Girlz Only		1 - 2pm	10-14	All
Girlz Only		2 - 3pm	14-18	All

## Prices and Booking Offers

Make great savings on classes and guarantee your place

### Adult Classes

**Single 1 hr class £6.50 (£5.50)**

**Single 1 hr 90 min class £8 (£7)**

**£51 for 12 classes**

(save £2.25 per class)

**£38 for 8 classes**

(save £1.75 per class)

**£20 for 4 classes**

(save £1.50 per class)

(based on an hour long adult class)

### Children's Classes

**Single 1 hr class £5.50**

**Single 1 hr 90 min class £7**

**£48 for 12 classes**

(save £1.50 per class)

**£36 for 8 classes**

(save £1 per class)

**£19 for 4 classes**

(save 75p per class)

(based on an hour long children's class)

**Book now** 0191 261 0505 [dancecity.co.uk](http://dancecity.co.uk)