

## SATURDAY 30 OCTOBER

| TIME  | STUDIO 1                           | STUDIO 2                                      | STUDIO 3                         | STUDIO 4                                     | STUDIO 5  | THEATRE                      | THE CORNER                                    | SMALL ROOM                                  |
|-------|------------------------------------|---|----------------------------------|--|---|------------------------------|---|---|
| 11:00 |                                    |   |                                  |  | DANCING WITH THE BIRDS<br>Film Installation Loop (Full day) | WELCOME AND WARM UP (40 min) |   | VA(R)NISH Film Installation Loop (Full day) |
| 12:00 |                                    |   |                                  |  |   |                              | VA(R)NISH Q&A (30min)                         |   |
| 12:30 | FLOW YOGA<br>Debbi Purtil (40 min) | VA(R)NISH INSPIRED<br>Caroline Reece (40 min) | AERIAL<br>Lynn Campbell (40 min) | IMPROVISATION<br>Tim Rubidge (40 min)        |   |                              | HEALTH & WELLBEING EXHIBITION (All afternoon) |   |
| 13:30 | FLOW YOGA<br>Debbi Purtil (40 min) | BALLET<br>Caroline Reece (40 min)             | AERIAL<br>Lynn Campbell (40 min) | IMPROVISATION<br>Tim Rubidge (40 min)        |   |                              |   |   |
| 15:00 |                                    |   |                                  |  |   |                              |   |   |
| 15:30 | FLOW YOGA<br>Debbi Purtil (40 min) | CONTEMPORARY<br>Caroline Reece (40 min)       | AERIAL<br>Lynn Campbell (40 min) | MINI & MATURE MOVERS<br>Helen Kumar (40 min) |   |                              |   |   |
| 17:30 |                                    |   |                                  |  |   |                              | VA(R)NISH Q&A (30min)                         |   |
| 18:00 |                                    |   |                                  |  |   |                              |   |   |
|       |                                    |   |                                  |  |   | PERFORMANCES Followed by Q&A |   |   |

## SUNDAY 31 OCTOBER

| TIME  | STUDIO 1                              | STUDIO 2                                 | STUDIO 3 | STUDIO 4                        | STUDIO 5  | THEATRE                                      | THE CORNER                                     | SMALL ROOM                                  |
|-------|---------------------------------------|--|----------|---------------------------------|---|--|--|---|
| 10:00 |                                       |  |          |                                 | DANCING WITH THE BIRDS<br>Film Installation Loop (Full day) | WELCOME AND WARM UP (40 min)                 |  | VA(R)NISH Film Installation Loop (Full day) |
| 11:00 | FITSTEPS<br>Caroline Banks (40 min)   | RONCAMETRICS<br>Gill Roncarelli (40 min) |          |                                 |   | MINI & MATURE MOVERS<br>Helen Kumar (40 min) |  |   |
| 12:00 |                                       |  |          |                                 |   |  | IN CONVERSATION<br>Sir Richard Alston (40 min) |   |
| 12:30 | BALLROOM<br>Caroline Banks (40 min)   | RONCAMETRICS<br>Gill Roncarelli (40 min) |          |                                 |   | VOGUEING<br>Darren Pritchard (40 min)        |  |   |
| 14:00 | VOGUEING<br>Darren Pritchard (40 min) | RONCAMETRICS<br>Gill Roncarelli (40 min) |          | PILATES<br>Mark Turner (40 min) |   |  | HEALTH & WELLBEING EXHIBITION (All afternoon)  |   |
| 14:30 |                                       |  |          |                                 |   |  |  |   |
| 16:00 |                                       |  |          |                                 |   |  |  |   |
| 18:00 |                                       |  |          |                                 |   |  | PERFORMANCES Followed by Q&A                   |   |
|       |                                       |  |          |                                 |   | POST SHOW DRINKS & CLOSE<br>Until close      |  |   |