

# CLASS TIMETABLE

## 10 January - 10 April 2022

Studio - in-person classes at Dance City.

Monday

Class	Time	Age	Level	Format
Hang Aerial	9.30-10.30am	55+	All	Studio
In Motion	11am-12pm	Adult	Admits parent/carer	Studio
Slow Flow Yoga	12.30- 1.30pm	55+	All	Studio
Commercial	5.30-6.30pm	Adult	All	Studio
Tango <b>NEW</b>	5.30-6.30pm	Adult	All	Studio
Pilates	6.30-7.30pm	Adult	All	Studio
Contemporary	6.30-7.30pm	Adult	Beginners	Studio
Salsa	7-8pm	Adult	Improvers	Studio
Ballet	7.30-8.30pm	Adult	Improvers	Studio
Contemporary	7.30-8.30pm	Adult	Improvers	Studio
Salsa	8-9pm	Adult	Beginners	Studio

Tuesday

Tap	12-1pm	55+	Beginners	Studio
Fitsteps	1.15-2.15pm	55+	All	Studio
Ballroom & Latin <b>NEW</b>	2.30-3.30pm	55+	All	Studio
Fitsteps	5.30-6.30pm	Adult	All	Studio
Vinyasa Flow Yoga	5.30-6.30pm	Adult	All	Studio
Musical Theatre	6.30-7.30pm	Adult	All	Studio
Ballroom	6.30-7.30pm	Adult	Beginners	Studio
Pilates Online <b>NEW</b>	6.45-7.45pm	Adult	All	Zoom
Jazz	7.30-8.30pm	Adult	All	Studio
Ballroom	7.30-8.30pm	Adult	Improvers	Studio

Wednesday

Pilates	11am-12pm	55+	All	Studio
Boundless Company	12-1.30pm	55+	By Audition	Studio
Ballroom & Latin	1.30-2.30pm	55+	All	Studio
Tap Show Class	2.30-3.30pm	55+	Improvers/Advanced	Studio
Egyptian Belly Dance	5.30-6.30pm	Adult	Beginners	Studio
Afro Mix	6-7pm	Adult	All	Studio
Tap	6.30-7.30pm	Adult	Beginners	Studio
Egyptian Belly Dance Online <b>NEW</b>	6.40-7.25pm	Adult	All	Zoom
Egyptian Belly Dance	7.30-8.30pm	Adult	Improvers	Studio
Tap	7.30-8.30pm	Adult	Improvers	Studio
Hip Hop	7.30-8.30pm	Adult	All	Studio

Thursday

Class	Time	Age	Level	Format
Ballet	12-1pm	55+	Improvers	Studio
Ballet	1-2pm	55+	Beginners	Studio
Contemporary Flow <b>NEW</b>	2.15-3.15	55+	All	Studio
Ballet	5-6pm	Adult	Beginners	Studio
Barre Burn <b>NEW</b>	5.30-6.30pm	Adult	All	Studio
Contemporary Tap <b>NEW</b>	5.45-6.45pm	Adult	Improvers	Studio
Ballet	6-7pm	Adult	Improvers	Studio
Dance Workout	6.30-7.30pm	Adult	All	Studio
Yin Yoga <b>NEW</b>	6.45-7.45pm	Adult	All	Studio
Ballet	7-8.30pm	Adult	Advanced	Studio
Creative Contemporary	7-8pm	Adult	All	Studio
Breaking	7.30-8.30pm	Adult	All	Studio

Friday

Get Moving	11.15-12.15pm	Adult	Admits companion	Studio
Tap	12.30-1.30pm	55+	Improvers	Studio
Fitsteps	1.45-2.45	55+	All	Studio
Ballet Primary	4.30-5.30pm	4-6	All	Studio
Contemporary	5-6pm	12-17	All	Studio
Boys Moves	5-6pm	7-11	All	Studio
Ballet Junior	5.30-6.30pm	7-11	All	Studio
Bollywood	6-7pm	Adult	All	Studio
Street <b>NEW</b>	6.30-7.30pm	Adult	All	Studio

Saturday

Ballet Primary	9.30-10.30am	4-6	All	Studio
Hip Hop	9.30-10.30am	7-11	All	Studio
Contemporary Club	10-11am	7-11	Beginners	Studio
Ballet Junior	10.30-11.30am	7-11	All	Studio
Hip Hop	10.30-11.30am	12-17	All	Studio
Contemporary Club	11-12pm	7-11	Improvers	Studio
Breaking	11am-12pm	7-11	Beginners	Studio
Musical Theatre <b>NEW</b>	11.30am-12.30pm	7-11	All	Studio
Pop Steps	12-1pm	4-6	All	Studio
Girls Only	12-1pm	12-17	All	Studio
Breaking <b>NEW</b>	12-1pm	7-11	Improvers	Studio
Breaking <b>NEW</b>	1-2pm	12-17	All	Studio

Sun

Ballet	10.30-11.30am	Adult	Beginners	Studio
Ballet	11.30am-12.30pm	Adult	Improvers	Studio

All information is correct at time of print and subject to change. Please see [dancecity.co.uk](http://dancecity.co.uk) for updates.