

MAKE YOUR MOVE

CALLING ALL 55+ COMMUNITY GROUPS... BOOK YOUR
'MAKE YOUR MOVE' DANCE PACKAGE TODAY!

Book a
free taster
session!



A dance package guaranteed to keep people MOVING, CONNECTED and INSPIRED.

Designed for mature bodies, you will learn new dance styles, develop choreographic skills and celebrate performance.

Make Your Move is a fantastic dance package which allows older people to SEE, CELEBRATE AND SHARE DANCE.

dancecity.co.uk | 0191 261 0505

WHAT'S INCLUDED?

- 12 x1 hour sessions with a DC artist at your chosen community venue
- Create a piece of dance and/or focus on mobility week by week
- A dance session at Dance City including: a backstage tour, use of specialist dance studios and refreshments
- Opportunities to perform (if desired!)
- SEE, CELEBRATE, SHARE



SEE PACKAGE

Your group will be invited to SEE a performance in the Dance City Theatre or one of our partner Arts venues

SHARE PACKAGE

SHARE your dance achievements as part of a community focused performance

CELEBRATE PACKAGE

Perform on the big stage at Dance City as part of Inspire Festival and CELEBRATE your dance achievements with other older people from across the region

Get in touch today to book 'Make your Move' - contact Engagement Coordinator, Lissie Connor lissie.connor@dancecity.co.uk

Visit our website for further information
www.dancecity.co.uk



Scan the QR code to find out more:

