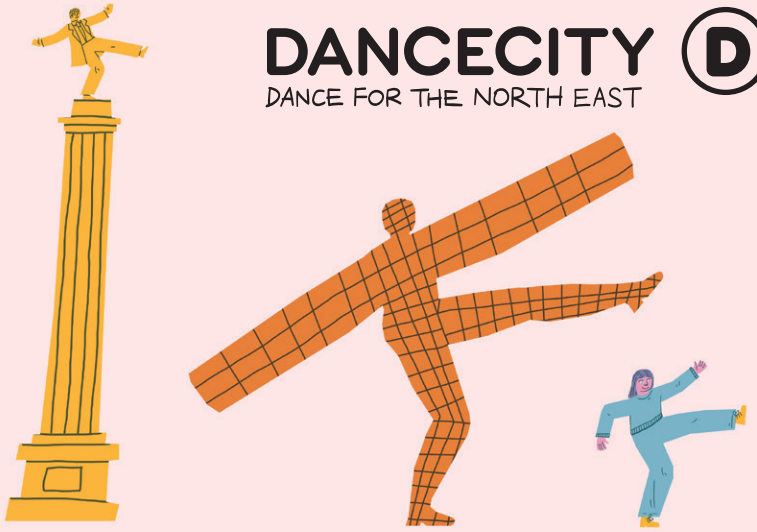


GET INTO DANCE

DANCECITY 
DANCE FOR THE NORTH EAST



PERFORMANCES CLASSES PROFESSIONALS TRAINING ACADEMY

SPRING/SUMMER 2023



Illustration by Benji Spence



GET INTO DANCE

Welcome to our second edition of Get into Dance.

The New Year always brings renewed energy, with an opportunity to do something different, try something new. In keeping with that theme, I made the decision to teach a dance class this term at Dance City, something I had given up 10 years ago.

When I look back at my happiest moments in dance, they were when I was in the room with other people doing sweaty movement type things - sometimes in a class, sometimes in a rehearsal, sometimes on stage. Moving to an admin role in dance, as the years went on, I realised that my everyday being needed the physical joy of dancing in a room with other people.

I was reminded of a quote about meditation. People should meditate for ten minutes every day, and if they don't have time, they should meditate for an hour a day. The aftermath of the pandemic, and all the other busy things and circumstances that made it difficult to find time for myself, I made the decision that I had to start again, and now.

Working with the fantastic team at Dance City, we are eager to present a Spring/Summer season that nourishes the soul. Why not take time out for yourself, whether this is watching a performance or taking part in a class?

Season highlights include a fantastic world premiere by Richard Chappell Company made possible by the Gillian Dickinson Trust in our Theatre this March and later in the performance season we welcome renowned international choreographers Alleyne Dance and Olivier award winning choreographer Russell Maliphant. Keep an eye on our website as we will continue to announce exciting, new performances throughout the season.



Working with the fantastic team at Dance City, we are eager to present a Spring/Summer season that nourishes the soul. Why not take time out for yourself, whether this is watching a performance or taking part in a class?

Perhaps you'd like to try a dance class? From Ballet to Breaking, from Belly Dancing to Bollywood, and with almost 60 classes representing some 25 styles, we have something to support everyone throughout life's journey, from classes for young babies to those specially designed for over 55's.

Whether you're new to or returning to dance, our friendly and informed Ticket Office team will delight in telling you more about our classes and help find one that's right for you.

We look forward to seeing you soon.

Anand Bhatt,
Artistic Director & CEO

DANCE PERFORMANCES ACROSS THE REGION

Dance City's theatre in the centre of Newcastle is dedicated to dance. There are also fantastic shows on offer in other venues around the region, and we've gathered a selection of Spring/Summer dance performances here.

Date	Performance	Venue
Wednesday 1 - Saturday 4 February	The Snow Queen Scottish Ballet	Theatre Royal , Newcastle
Tuesday 7 & Wednesday 8 February	The Little Prince Luca Silvestrini's Protein	The Fire Station , Sunderland
Friday 17 & Saturday 18 February	The Nature of Forgetting Theatre RE	Northern Stage , Newcastle
Friday 24 & Saturday 25 February	How Long is a Piece of String String and Strong	The Hullabaloo , Darlington
Saturday 25 February	Just Jam International Bad Taste Cru	Dance City , Newcastle
Sunday 26 February	The Little Prince Luca Silvestrini's Protein	Queen's Hall , Hexham
Wednesday 1 - Saturday 4 March	Kin Gecko Theatre	Northern Stage , Newcastle
Saturday 11 March	The Dark Peut-Etre Theatre	The Hullabaloo , Darlington
Friday 24 March	Hot House Richard Chappell Dance	Dance City , Newcastle
Saturday 25 March	Would You Adam and Eve It? Society of Strays	Caedmon Hall , Gateshead
Tuesday 11 & Wednesday 12 April	The Sacrifice Dada Masilo	Theatre Royal , Newcastle
Friday 14 & Saturday 15 April	Ugly Duckling Northern Ballet	Northern Stage , Newcastle
Friday 14 April	How Long is a Piece of String String and Strong	Queen's Hall , Hexham
Tuesday 18 - Saturday 29 April	Sleeping Beauty Matthew Bourne	Theatre Royal , Newcastle
Friday 28 April	Far From Home Alleyne Dance	Dance City , Newcastle
Sunday 30 April	Freedom Unleashed Johannes Radebe	Theatre Royal , Newcastle
Wednesday 17 May	Rapunzel After Dark balletLORENT	Darlington Hippodrome
Thursday 18 May	Rapunzel balletLORENT	Darlington Hippodrome
Tuesday 23 - Saturday 27 May	When the Birds Sang Theatre Hullabaloo & Travelling Light Theatre	The Hullabaloo , Darlington
Thursday 15 June	Human Eliot Smith Dance	The Hullabaloo , Darlington
Friday 16 June	Double Bill: Just Enough Madness Payal Ramchandani & Burnt Out Penny Chivas	Dance City , Newcastle
Friday 16 & Saturday 17 June	Home Kakilang	Northern Stage , Newcastle
June date to be announced	Vortex Russell Maliphant	Dance City , Newcastle
Friday 23 June	Bonewords Surface Area Dance Theatre	Northern Stage , Newcastle
Saturday 1 July	Curious Vogue Ball Curious Arts	Dance City , Newcastle

JUST JAM INTERNATIONAL



Bad Taste Cru

Saturday 25 February, 7.30pm
Tickets £16/£12 concessions

Welcome to the 12th annual Just Jam International breaking event, inviting dancers from all over the world to the North East to battle, perform and exchange.

Come along to learn more about breaking culture, enjoy the amazing atmosphere, cheer for your favourite crews and be a part of this truly exciting event. With warm and welcoming vibes, high quality production and family friendly experience, Just Jam International is a great day out for everyone.

See website for accompanying workshops.

HOT HOUSE

Richard Chappell Dance

Friday 24 March, 7.30pm
Tickets £18/£14.50 concessions

Come together and be uplifted by the Company's extraordinary ensemble of performers in a bold celebration of movement, music, and collective generosity. Featuring a score influenced by Chinese, Indian and European classical music.

Supported by Gillian Dickinson Trust.



FAR FROM HOME



Image: Camilla Greenwell

Alleyne Dance

Friday 28 April, 7.30pm | Tickets £18/£14.50 concessions

Bringing Alleyne Dance's dynamic, powerhouse style to the stage, Far From Home is a hard hitting, atmospheric, abstract narrative dance production. The performance ensemble will highlight the emotional and mental stresses of migrant families, as well as the impact on communities where migrants "settle", as we unpick the meaning of tolerance and practice of integration.

**DOUBLE
BILL:**

BURNT OUT

by Penny Chivas

JUST ENOUGH MADNESS

Friday 16 June, 7pm | Tickets £15/£12.50

by Payal Ramchandani

Join us for a double bill presenting two solo pieces by female choreographers focussing on contemporary issues. *Burnt Out* weaves spoken word and movement in a piece that is both an intimate personal story and a universal meditation and reflection on our changing climate.

Through the Indian dance style of Kuchipudi, *Just Enough Madness* questions the popular definition of 'normal' in the context of mental health. Through contemporary and mythological narratives, the work acknowledges the existence of mental health battles through time and examines how the mind navigates different life experiences.



**BURNT
OUT**



**JUST
ENOUGH
MADNESS**

Image: Nick Singleton

VORTEX

Influenced by the works and process of Jackson Pollock and Abstract Expressionism, Olivier Award winning choreographer Russell Maliphant brings to audiences VORTEX.

Maliphant paints his own interpretation with movement, light, and shadow to create a visually rich journey, with the exceptional dancers of RMDC.

Russell Maliphant

June date to be announced
Tickets £18/£14.50 concessions

Image: Roswitha Chesher

CURIOUS VOGUE BALL

Curious Arts

Saturday 1 July, 8pm | 18+ | Tickets from £12

Launching Curious Festival 2023, join us for the return of The Curious Ball! An unforgettable celebration of the North East's LGBTQIA+ culture, expect incredible fashion, fierce performances and queer excellence.



Early-Career Dance Practitioner Events

We're inviting early career practitioners (including final year undergraduates) to meet with our Dance City staff team and guest facilitators. We'd like to get to know you and help you to get to know each other! Whether you're an artist, dance practitioner or dance-based cultural worker and self-defining as early career, we'd love to welcome you to these events. Event dates will be announced on our website, where you can also sign up for our Professional Artist Newsletter to be informed of future news and events.

BOOKING

SCAN THE QR
CODE TO BOOK



**Scan the QR code to book tickets
for our Spring/Summer 2023 season.**

Accessible Pricing

We have a number of 'Pay What You Decide' (PWYD) tickets available for every performance. Please choose your accessible ticket price at point of purchase.

Please note, PWYD tickets are limited to 20 seats per performance, on a first come, first served basis. We cannot guarantee the availability of PWYD tickets and encourage early booking to avoid disappointment.

WINTER APPEAL

Help us to provide a Winter Wellbeing Hub here at Dance City

**Scan to
donate**



Thank you!

Established for over 20 years, Dance City, a registered charity, is the North East's leading development organisation for dance, which leads and supports a thriving dance ecology in the region. By making a donation to Dance City you will help us to fulfil our mission enabling dance to reach as many people as possible and to create a thriving dance sector in the North East of England.

CLASS TIMETABLE

Monday 9 January
- Sunday 2 April

SCAN THE
QR CODE
TO BOOK
ONLINE:



Monday

Class	Time	Age	Level/Info
In Motion	11am-12pm	Adult	Admits parent/carer
Slow Flow Yoga	12.30-1.30pm	55+	All
Commercial	5.30-6.30pm	Adult	All
Argentine Tango	5.30-6.30pm	Adult	All
Pilates	6.30-7.30pm	Adult	All
Contemporary	6.30-7.30pm	Adult	Beginners
Salsa	7-8pm	Adult	Improvers
Ballet	7.30-8.30pm	Adult	Improvers
Contemporary	7.30-8.30pm	Adult	Improvers
Salsa	8-9pm	Adult	Beginners

Tuesday

Tap	12-1pm	55+	Beginners
Tap	1-2pm	55+	Beginners
Fitsteps	5.30-6.30pm	Adult	All
Vinyasa Flow Yoga	5.30-6.30pm	Adult	All
Musical Theatre	6.30-7.30pm	Adult	All
Ballroom	6.30-7.30pm	Adult	Beginners
Jazz	7.30-8.30pm	Adult	All
Ballroom	7.30-8.30pm	Adult	Improvers

Wednesday

Pilates	11am-12pm	55+	All
Ballroom & Latin	1.30-2.30pm	55+	All
Tap Show Class	2.30-3.30pm	55+	Improvers/Advanced
Egyptian Belly Dance	5.30-6.30pm	Adult	Beginners
Afro Mix	6-7pm	Adult	All
Tap	6.30-7.30pm	Adult	Beginners
Egyptian Belly Dance	7-8pm	Adult	Improvers
Tap	7.30-8.30pm	Adult	Improvers
Hip Hop	7.30-8.30pm	Adult	Improvers

Thursday

Class	Time	Age	Level/Info
Ballet	12-1pm	55+	Improvers
Ballet	1-2pm	55+	Beginners
Contemporary Flow	2.15-3.15pm	55+	All
Ballet	5-6pm	Adult	Beginners
Barre Burn	5.30-6.30pm	Adult	All
Dance Workout	6.30-7.30pm	Adult	All
Hip Hop NEW	6.30-7.30pm	Adult	Beginners
Commercial Heels NEW	7-8pm	Adult	All

Friday

Boogie Babies NEW	9.30-10.30am	0-3	All
Get Moving	11.15am-12.15pm	Adult	Admits companion
Tap	12.30-1.30pm	55+	Improvers
Fitsteps	1.45-2.45pm	55+	All
Ballet Primary	4.30-5.30pm	4-6	All
Bollywood NEW	5-6pm	7-11	All
Retro Aerobics NEW	5.30-6.30pm	Adult	All
Flamenco NEW	6-7pm	Adult	Beginners
Bollywood NEW	6-7pm	Adult	All
Vogue NEW	6.30-7.30pm	Adult	All

Saturday

Ballet Primary	9.30-10.30am	4-6	All
Hip Hop	9.30-10.30am	7-11	All
Contemporary Club	10-11am	7-11	Beginners
Ballet Junior	10.30-11.30am	7-11	All
Hip Hop	10.30-11.30am	12-17	All
Contemporary Club	11am-12pm	7-11	Improvers
Breaking	11am-12pm	7-11	Beginners
Pop Steps	12-1pm	4-6	All
Contemporary Fusion	12-1pm	12-17	All
Breaking	12-1pm	7-11	Improvers

Sunday

Ballet	10.30-11.30am	Adult	Beginners
Ballet	11.30am-12.30pm	Adult	Improvers
Pilates / Stretch	12.30-1.30pm	Adult	All
Ballet Choreography	12.45-1.45pm	Adult	Improvers

All information is correct at time of print and subject to change. Please see dancecity.co.uk for updates.

ADULT WORKSHOPS

Hang Aerial

Adults – Sundays, 3.30-5pm – 29 Jan, 26 Feb, 2 Apr

55+ – Mondays, 9.30-10.45am – 16 Jan, 13 Feb, 13 Mar

£15

A unique and challenging workshop in which you will use trapeze, aerial hoop, cocoon, and silks to build strength and technique.

KIDS WORKSHOPS

Hang Out and Dance

Sundays - 29 Jan, 26 Feb, 2 Apr

Age: up to 11, 1-2pm | 12+, 2.15-3.15pm

£8

Dance and aerial sessions for all, with lots of props and games. This group is inclusive and has just 10 spaces so that we can welcome all abilities and needs.



How can you GET INTO DANCE?

Hayley Dean, Dance City's Classes and Events Coordinator, reflects on her new role coordinating Dance City's classes programme and her plans for a vibrant 2023.



I'm passionate about bringing the community together through dance, without fear or judgement, and nurturing a sense of expression and pride.

Dance City offers a really wide range of classes with 59 classes a week, we can cater to any style of dance. We engage strongly with our audiences, and we listen to what you want!

There are so many reasons to dance from learning, fitness and wellbeing to being part of a warm and welcoming community. It might be simply because when you find yourself moving to a favourite song, your mind and body feel happily connected.

New for 2023 is a fun, Friday night dance cocktail! Join us for Retro Aerobics, an 80s and 90s

infused workout. Vogue, a highly expressive, modern house dance originating in the late 1980s incorporates elements of Madonna's Vogue video. We also have Bollywood for adults and children, one of India's most famous dance styles which uses themes of glamour, storytelling and beautiful visualisation.

These are just a few of the wide range we offer; **see our full timetable on pages 8 and 9.**

I hope you feel inspired to dance with us and find your perfect dance class in 2023.

Do you know a 10-16 year old who LOVES to dance?



Dance City's Centre for Advanced Training (CAT) is part of the Department for Education's Music and Dance Scheme offering specialist dance training for gifted and talented young people across the North East.



Scan the QR code to find out more

0191 269 5578
www.dancecityta.co.uk

Supported by
Department for Education



CREATE YOUR DANCE FUTURE



Choose Dance City: create your dance future at North East England's leading dance hub with our world-class **BA (Hons) Professional Dance** programme.

Be physically, technically and creatively challenged through our student-centred teaching in the heart of Newcastle upon Tyne.

Create your dance future at Dance City.

Dance City is in partnership with University of Sunderland



APPLY NOW

SCAN the QR code with your smart device camera for more information



FIND OUT MORE:

Facebook: @dancecitytrainingacademy
Instagram: @dancecitytrainingacademy
Twitter: @dancecitytrainingacademy

Call **0191 261 0505**





Membership

Become a Dance City Member and access deals and discounts including...

- £7 single class price (£9 for non-members)
- On the day, free class cancellations (usually requires 24h notice)
- Access to multi-buy discounts (not open to non-members)
- Priority booking seven days before classes and shows go on public sale

Adult Annual Membership

Full price - £20

Accessible price* - £7

Childrens Annual Membership

Full price - £15

Accessible price* - £5

*To find out more about Accessible Prices and Membership, please visit the website.

To book tickets visit www.dancecity.co.uk or call the Ticket Office on 0191 261 0505.

DANCECITY 
DANCE FOR THE NORTH EAST

Temple Street, Newcastle upon Tyne NE1 4BR

[f @dancecityNE](https://www.facebook.com/dancecityNE) [@dancecity](https://www.instagram.com/dancecity) [@dance_city_newcastle](https://www.instagram.com/dance_city_newcastle)

Adults

Ticket price	Ticket type	Price per 12 classes
£9	Full Price	£108
£6	Accessible Price*	£72
£7	Member's Price	£84
£6	Termly ticket (Members only - £6 per class when you book 12 or more classes)	£72

Childrens

Ticket price	Ticket type	Price per 12 classes
£8	Full Price	£96
£5	Accessible Price*	£60
£6	Member's Price	£72
£5	Termly ticket (Childrens Members only - £5 per class when you book 12 or more classes)	£60



Supported using public funds
ARTS COUNCIL ENGLAND

Dance City is a member of the European Dancehouse Network



European Dancehouse Network

